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TIMES

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Tourism talk

Breaking ground for continuing care

JOHN WATSON
Local Journalism Initiative Reporter

Siksika Nation has officially broken ground at the site of what will eventually be the Siksika Continuing Care Centre.

A ground-breaking ceremony was held at the site; directly adjacent to the Siksika Health and Wellness Centre; on Oct. 21 for which dignitaries and nation members had been invited to attend.

The future facility will offer 34 continuing care spaces for Siksika Nation members and surrounding communities.

Residents who will occupy the facility will be transferred over from the existing Siksika Elder's Lodge. For the first time on the nation, Siksika elders will have access to long term care and designated assisted living within their own community.

"Today is a historic day for Siksika Nation, Siksika Health Services and the Government of Alberta. It is the start of the continuing care grant process, and we are so thrilled to be one of the grant recipients in collaboration with the Government of Alberta," said Siksika Health Services CEO, Tyler White. "I think, as we begin this process, we are going to be able to create pathways for wellness and pathways for better care and better outcomes and equitable health care. I think that is so important and so today was a big statement."

According to Alberta Minister of Health Jason Copping, \$11.3 million was provided to Siksika Nation to aid in the construction of the facility by the Alberta Government.

Copping said the provincial government was honoured to be able to contribute and participate in the process as part of a broader initiative to build more continuing care spaces across the province.

Continued on Page 7

Page 14



Kings falter at home



RISE rising

Strathmore RISE U16A captain Avery Koole darts up the ice during the team's home game versus the Airdrie Sting on Oct. 23 at the Strathmore Family Centre. Despite losing 10-8, the RISE have split a pair of games to open the ringette season. Strathmore is back in action on Oct. 29 (1:45 p.m.) when they host the Bow View Blaze. See Page 11 for more coverage.

Joe Lepage Photo

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Look on Page 6 for Town of Strathmore Municipal Notices

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The Strathmore Wheatland Chamber of Commerce hosted an event at the Strathmore Legion on Oct. 21 to talk about and celebrate tourism in Strathmore and Wheatland County, as well as how to improve efforts to bring people into the local region.

John Watson Photo

SWCC talks local tourism

JOHN WATSON
Local Journalism Initiative Reporter

Strathmore Wheatland Chamber of Commerce (SWCC) debuted Toasting Tourism on Oct. 21, an event that invited local businesses to attend at the Strathmore Legion.

The event was geared towards helping businesses learn about how they could grow and expand through tourism, with presentations from the Town of Strathmore and Community Futures Wild Rose (CFWR).

SWCC executive director Scott Silva said the event will be hosted annually for businesses to attend and is something he hopes to see grow every year.

“It is about bringing together a community and really expressing and finding out new ways to attract tourism, and to keep them within the community,” said Silva. “It was the Town of Strathmore ... that brought this up where we have the potential to really bring in different types of tourism, and so we wanted to build off of their momentum.”

Silva described the debut event to be a success, having attracted roughly 40 people to learn about potential opportunities for growth.

The event was able to establish a sort of baseline of businesses and organizations in town interested in expanding within the tourism sector.

“It is about setting the framework both for attracting the digital market, but then also to have the community working together,” said Silva, who explained now that the community is coming out from the majority of concerns and restrictions onset by the COVID-19 pandemic, it is also an excellent time for volunteers to get reconnected and active for events, which would add to Strathmore’s appeal for tourists.

“Especially coming out of COVID-19, getting a lot of volunteers back together to do these large events is key, and working with organizations like the Legion, CFWR, FCSS, the Lions Club ... a lot of these organizations need help,” said Silva. “It is a great time to be bringing up these discussions post-COVID-19 and also because of our new corporate

partners here in the region from CGC, to Phyto Organix, to De Havilland, this is a really great time to not only share our agritourism, but a lot of the new businesses and investment coming in.”

Much of the targeted growth will be hyper-local within the region as opposed to looking outward. The idea being that larger companies, especially those that will be establishing themselves within the region in the upcoming years, will be a tremendous asset to bolster local small businesses.

Silva added the SWCC itself aims to continue its growth and to be able to host more events, intending to help keep the community active, engaged, and to encourage outside visitation.

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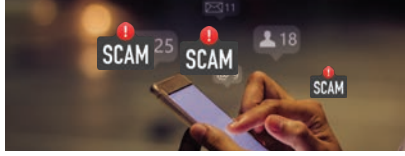
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BBB Scam Alert:
This get-rich-quick scam moves to TikTok

Money-flipping cons have long been popular on Instagram and Twitter. But as TikTok's popularity grows, so do the con artists. Watch out for this TikTok scam, which promises to turn a few hundred dollars' worth of cryptocurrency into thousands in no time at all. BBB is seeing many new reports in BBB Scam Tracker related to this money-flipping scam. Here's what you need to know.



How the scam works

You are scrolling through TikTok when you come across a video showing a pile of cash. The creator says they earned the stack of money in just a few days by investing in cryptocurrency. You may not know much about cryptocurrency, but this "investor" can help you get the same kind of return for a modest fee. Better yet, they have a 100% guarantee that they can triple your money in less than a week.

When you contact the supposed investor, likely through WhatsApp or another messaging app, they will be polite and professional. They will ask you to send money - usually, a few hundred dollars to start - through a digital wallet service like PayPal. They may even ask you to purchase the cryptocurrency yourself and send it to them. Then, they "invest" your money in the stock market, where it allegedly starts multiplying right away.

As always, the scam isn't what it seems. When you try to get your money back, the scammer will claim you need to pay fees. At first, these amounts may seem harmless. Since your few hundred dollars now turned into a few thousand, what's the harm in spending a couple hundred in fees, right?

Scammers try to extend this con for as long as possible to get as much money as they can. They may ask for fees several times, always promising you will get much more back than what you are spending. If you question them, they may resort to scare tactics, telling you that if you don't pay, you'll miss out on the giant return or that they can take legal action. Unfortunately, any money you send will end up in the scammer's pockets. You won't be getting a return on your investment, and you won't be getting your initial deposit back either.

How to avoid money flipping scams

- Use good judgment. Get-rich-quick schemes and investments that are guaranteed to give you a huge return are nearly always scams. If an offer sounds too good to be true, it probably is.
- Do your research. Before you contact someone through TikTok or another social media platform, look up their name, phone number, and company name (if they have one) online. If they have conned others, you'll likely find complaints online about it.
- Don't give into scare tactics. If an "investor" contacts you, they may try to convince you the investment will only work if you act right now. Or, if you've already sent them funds, they may threaten you with legal action if you don't pay their fees. In any case, don't give in to scare tactics. Recognize them as the hallmarks of a scam.
- Understand how digital wallet services work. Treat any money you send through a digital wallet service like cash. Once you send the money, there will be little you can do to get it back if it turns out you were scammed. It's best to use these apps only with people you know and trust.

For more information

Read up on more investment scam techniques and money-flipping scams. If you spot a scam on TikTok or elsewhere, report it to BBB Scam Tracker, even if you didn't lose any money. Your report helps boost consumer awareness about the issue.

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Thought for the Week
~
If you were going to die soon and had only one phone call to make, who would you call and what would you say? And why are you waiting?

SUDOKU

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Scholarships offered to 4-H members

SHELLY NEAL
Wheatland District 4-H Council

Wheatland District 4-H Council recently presented scholarships to two local former 4-H members. The scholarships were for \$500 each and were once again generously sponsored by Carseland Nutrien. Recipients include Alyssa Tharle, an 11-year member of the Arrowwood River Wranglers, who is currently enrolled in the Agriculture Science program at Lethbridge College with a major in Agronomy.

Layne Neal is another recipient, a nine-year member of the Crowfoot 4-H Multi Club, who has completed the Diesel Equipment Technician program at SAIT and is apprenticing as a Heavy-Duty Mechanic Red and Blue seal. The Wheatland District is comprised of 4-H members from clubs in Strathmore, Rockyford, Standard, Hussar, Arrowwood, Cheadle and Crowfoot.

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LETTERS TO THE EDITOR

It is our story, it is your legacy!

To the Editor

I served as a Lieutenant with the Queen's Own Rifles regiment in the Second World War. In 1945, in the Rhine Valley, Germany, I was injured by an anti-personnel mine explosion, resulting in the loss of my left leg below the knee.

When I returned home from the war, I joined The War Amps and have been a member ever since. This association was started by First World War amputee veterans to help each other adapt to their new reality as amputees.

In 1975, The War Amps established the Child Amputee (CHAMP) Program, which provides young amputees with financial assistance for artificial limbs as well as peer support from fellow amputees. The veteran members wanted to ensure that young amputees have the vital support they need, and it makes me very happy to see it's still going strong today!

I also take great comfort in knowing that Champs will continue to move the organization forward and keep spreading the message of remembrance, even after I no longer can. Through The War Amps Operation Legacy program, Champs have taken up the torch of remembrance to commemorate the sacrifices of those who served and continue to serve.

I can say with pride that the legacy and sacrifices my comrades and I have left behind will be remembered long into the future.

Charlie Jefferson, Ottawa, Ont.

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Purple Thursday raises awareness

Purple Thursday is an annual national day of action during Domestic Violence Awareness Month each October. The day is to raise awareness about the intersection between brain injury and interpersonal violence. During Purple Thursday on Oct. 20, members from the Bassano Royal Purple donated a total of 40 handbags filled with personal items to the Wheatland Crisis Society in Strathmore and Cantara Safe House in Brooks. Lyne Sage (l) and Barb Larsen (r) donated 20 handbags to the Wheatland Crisis Society that were accepted by communications specialist Natasha.

Photo Courtesy of Lyne Sage

Impromptu concert

Donna and LeRoy Anderson visited The Vault Cultural Collective and gave an impromptu concert in support of Ramsey Kunkel on Oct. 22. The Hall of Fame musicians and long-time Tommy Hunter Show performers came to view Kunkel's Alberta Portrait Project currently on display at The Vault. Ramsey, LeRoy's nephew, photographed Donna and LeRoy at the National Music Centre in Calgary and the photograph is on display as part of the Alberta Portrait Project. The exhibition continues at The Vault until Oct. 29.

Photo Courtesy of The Vault Cultural Collective



George Freeman School EcoClub talks renewable energy

JOHN WATSON
Local Journalism Initiative Reporter

The George Freeman School EcoClub hosted an Open house on Oct. 25 to show off and talk about their off-grid energy project.

Having taken place over the school's lunch hour, those who attended were given an opportunity to see and learn about the school's newly installed wind turbine, solar panel, and LED system hooked up to their storage shed.

"We have finished a really cool EcoClub project where we have created a sustainable off-grid energy system on our school garage to help us answer if solar or wind energy is better for Strathmore," said Jill McDonald, associate principal of George Freeman School. "We (invited) the community to come and join us and learn about our project and learn about sustainable energy from the students who worked on the project."

The project, which has been on the go at the school for over a year, began following an inquiry from a curious student wondering which source of energy, wind or solar, was effectively more beneficial to Strathmore.

McDonald explained she told the student she was unable to answer the question accurately and thus the project was created as an exercise to facilitate and augment the students' learning.

During the open house event, the students had set up multiple stations to show off and explain their learning about the project so far, as well as to talk about their initial data since the system came online.

"We (talked) to people about what we have been doing so far. We have been doing construction and research," said Piper Cloling (10) who spoke on behalf of her fellow students involved in the project.

"We have been recording the amount of energy we get from the solar panel and the wind turbine, and we have learned the results are not always the same day-to-day."

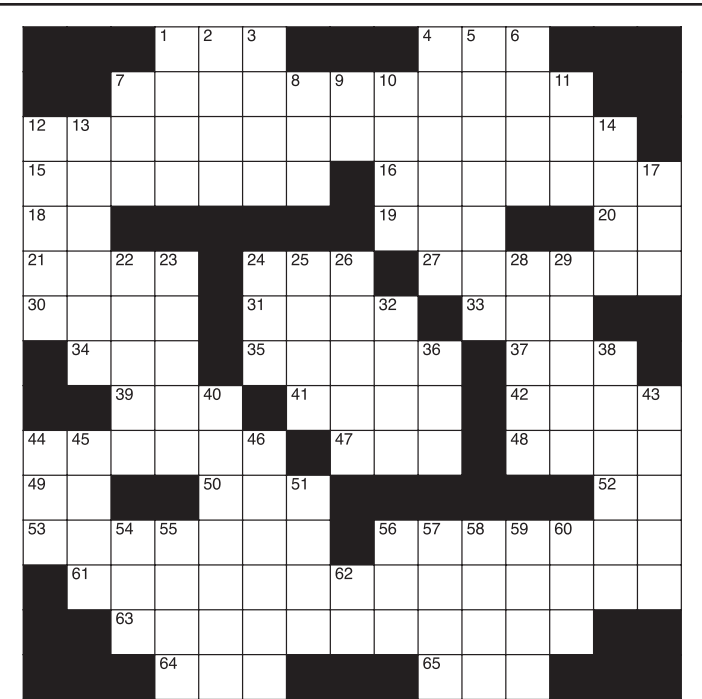
According to McDonald, the project was completely grant funded from two different sources, totalling \$10,000.

Since the launch of the system earlier this month, the students have been monitoring the first incoming results and collecting a small sample of preliminary data.

Over the course of the school year, the students will continue to monitor the system and increase the sample size of their data, eventually drawing their own conclusion as to which energy source best suits their location.

"We will be able to see if more data will give us a better answer, or if what we got over this first week is the answer that we will keep at the end of this year," said McDonald. "Once we have a little bit more data, we will probably put stuff up on our school social media and share it that way."

The renewable energy project is one of three environmental stewardship projects the EcoClub will be undertaking this year. The other two will involve compost and recycling and will involve consulting the local community about different sources for energy.



CLUES ACROSS

- 1. Unhappy
- 4. Clairvoyance
- 7. One who works under you
- 12. What happens there stays there
- 15. Not ingested
- 16. Got the picture
- 18. One thousandth of a gram
- 19. Breakfast item
- 20. About
- 21. Tall deciduous trees
- 24. Safe keeping receipt
- 27. Cowardly
- 30. Pueblo people of New Mexico
- 31. Herring-like fish
- 33. A very large body of water
- 34. Angle (abbr.)
- 35. Spiritual leader of a Jewish congregation
- 37. White clerical vestment
- 39. Cool!
- 41. Matchstick games
- 42. Thick piece of something
- 44. A state that precedes vomiting
- 47. Burned item residue
- 48. Jaguarundi
- 49. Anno Domini (in the year of Our Lord)
- 50. The home of "60 Minutes"
- 52. Dorm official
- 53. Give cards incorrectly
- 56. One who is learning the job
- 61. Popular R.L. Stevenson novel
- 63. Attentively
- 64. CNN's founder
- 65. Criticize

CLUES DOWN

- 1. Fijian capital
- 2. Assist
- 3. Elected lord in Venice
- 4. The capacity of a physical system to do work
- 5. People of the wild
- 6. Parent-teacher groups
- 7. Midway between south and southeast
- 8. Moved quickly on foot
- 9. Handheld Nintendo console
- 10. "Top of the Stairs" playwright
- 11. Electronic data processing
- 12. "Dog Day Afternoon" director
- 13. Leaned
- 14. About aviation
- 17. Mountain is a popular type
- 22. Lake along Zambia and Congo border
- 23. Heroic tales
- 24. Soviet Socialist Republic
- 25. "Star Trek" villain
- 26. Hand gesture popular on social media
- 28. Renters have one
- 29. Tubular steel column
- 32. Database management system
- 36. Similar
- 38. Providing no shelter/sustenance
- 40. Death
- 43. What a sheep did
- 44. Midcentury Asian battleground
- 45. Horizontal passage into a mine
- 46. Mortified
- 51. Improper word
- 54. No seats available
- 55. Financial obligation
- 56. It can be hot or iced
- 57. Tough outer skin of a fruit
- 58. ___ Spumante (Italian wine)
- 59. Misfortunes
- 60. Negative
- 62. Camper

STRATHMORE TIMES

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Upcoming Council Meetings

October 26, 2022 | 6pm Organizational Meeting of Council
November 2, 2022 | 6pm Regular Council Meeting
November 9, 2022 | 6pm Committee of the Whole Meeting

Want to speak at a Council Meeting?

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Friday: 8am-9pm
Saturday: 8am-9pm
Sunday: 8am-9pm

Early open pilot project

Holiday Waste Collection Changes

Great news from the world of waste collection!

Strathmore's residential waste removal schedule will no longer be impacted by holidays, except for Christmas and New Years Day. This means that you can put out your waste carts on statutory holidays that fall on your collection day. Christmas and New Years both fall on the weekend this year, so they will not impact your collection schedule in 2022.

Find your collection schedule at Strathmore.ca/Garbage

Notice of Public Hearing **Nov 2, 2022 at 6 p.m.**

Development Permit D22-097

The Town of Strathmore has received an application for a six-unit townhome at 401-411 Strathcona Circle. The applicant has requested the following variances to both side yards and the front yard setbacks.

- a 0.8m variance to the 1.5m west side yard setback,
- a 2.3m variance to the 3m east side yard setback, and
- a 2.6m variance to the 4m front yard setback.

Public Hearing Process

A copy of the application may be inspected by the public during regular office hours, 8:30 am to 4:30 pm, Monday to Friday at the Town Office (1 Parklane Drive, Strathmore, AB). Please contact the Town Office if you would like an opportunity to review and provide input on the proposed amendments prior to the Public Hearing.

The Public Hearing will be held via ZOOM **AND** in Council Chambers, Strathmore Municipal Building, 1 Parklane Drive, Strathmore Alberta on **Wednesday, November 2nd, 2022**, commencing at 6:00pm with procedures in accordance with the Municipal Government Act, Section 199 and the Town of Strathmore Council Procedural Bylaw #22-10 and amendments thereto. Any person or group of persons, or person acting on someone's behalf, who claims to be affected by any of the proposed development permit may present suggestions or concerns by making a submission to the Council meeting. Written submissions to the Council meeting or the name of any person wishing to make an oral presentation at the Council meeting must be sent to Johnathan Strathdee at Johnathan.Strathdee@Strathmore.ca by Noon **November 2nd, 2022**.

Each person wishing to address Council at the Public Hearing shall complete their verbal presentation within three minutes.

Please note that written submissions will become public documents once submitted to the Town, unless otherwise requested.

Please contact Johnathan Strathdee at (403) 934 3133 prior to attending a Public Hearing to determine the order of Bylaw presentations in the Council Agenda to ensure efficient use of your time.

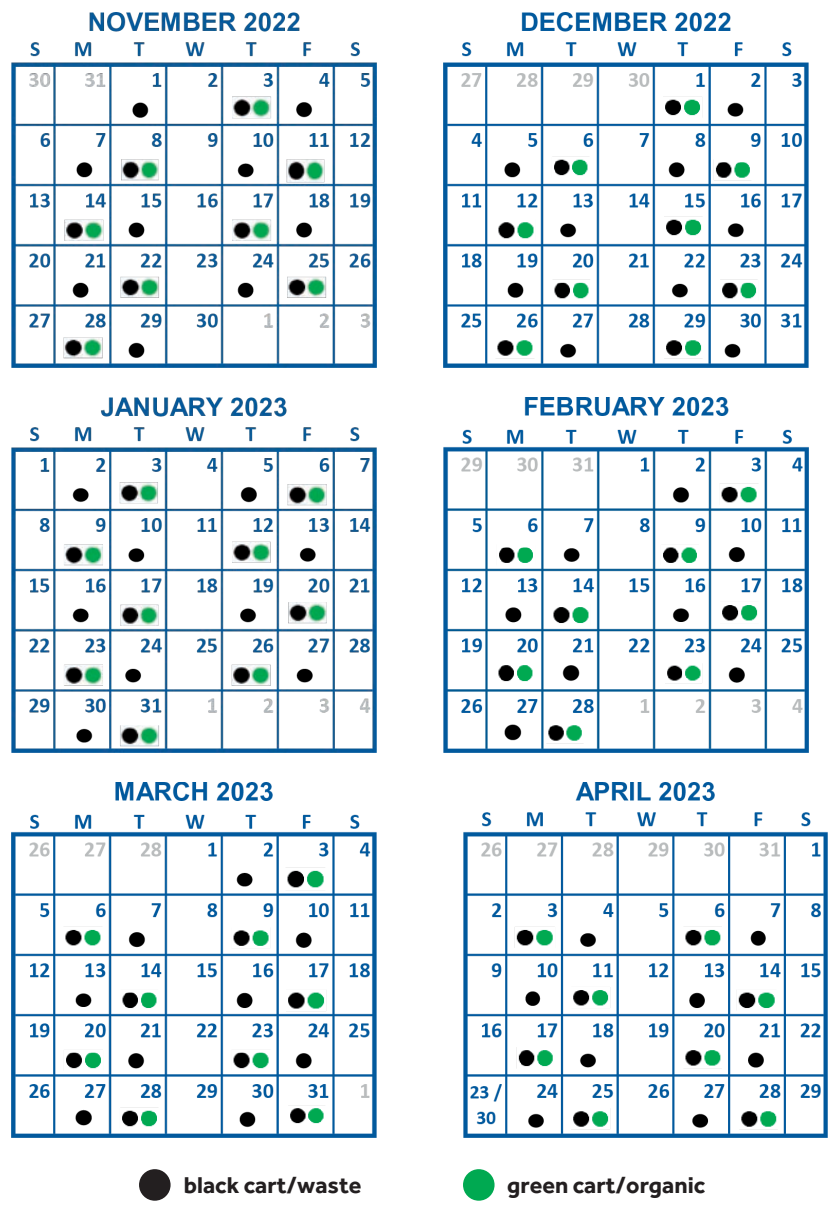
Bi-Weekly Green Cart

The annual switch to biweekly Green Cart collection begins on November 1.

Here are a few Green Cart reminders to help ensure a smooth pickup:

- Place your cart at the curb or near your fence-line if your collection is located in an alley. Avoid placing carts on the sidewalk or in the middle of the alley.
- Leave 1 meter space around each cart.
- Set out your cart no later than 7:00am on collection day.
- Return your cart to the storage location on your property no later than 11:00pm on the day of collection to keep your street or alley free of obstruction and to prevent your cart from being stolen or vandalized.

Review items that can be composted, and check out our bi-weekly Green Cart schedule at Strathmore.ca/GreenCart



Are you getting value from your home internet package?

Help us get an accurate measurement of the Town's internet by testing your home internet speed at:

Strathmore.ca/Internet



Siksika Health Services officially broke ground for their new Continuing Care Centre, which will be constructed directly adjacent to the current Health and Wellness Centre. The facility will offer 34 beds for elders and Nation members in need of assisted living. **John Watson Photos**

Siksika Nation breaks ground for new continuing care facility

Continued from Page 1

“The sod turning is the first step. It is going to take some time to actually build the facility, but it is so important because we heard loud and clear from Albertans as part of our facility-based continuing care review that people want to, if they have to move into a continuing care setting, they want to do that close to home,” said Copping. “This will enable us to be able to support Indigenous peoples on Siksika Nation to be able to be close to home, and I applaud the vision of Dr. Tyler White for locating this rate, literally across the street, from their health centre.”

According to White, Siksika Nation members have been fiercely advocating for access to more

local, equitable, and culturally appropriate health care.

Having the local facility will be a “game changer,” breaking down boundaries for Siksika Nation elders utilizing the new local services.

“I think bringing in our own traditional supports and healing, that will certainly strike in a positive way with our community members,” said White. “It is not going to be an easy road, but nothing is ever easy, especially in the health care system ... I think (this) signals that these services are necessary in communities, especially when we’re talking about equitable health care. I think to have a continuing care in your facility, I think it’s going to make a difference in the lives of our Nation members.”

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Mask making

The Wheatland Society of Arts hosted a mask making event on Oct. 22 to produce masks for the upcoming Wheatland Crisis Society Harvest Masquerade Gala 2022. Community members participated in making masks to be purchased by attendees of the gala with all funds going towards the Wheatland Crisis Society. The mask making activity was a community effort with various classrooms and groups lending their assistance to create several dozen masks.

Joe Lepage Photo

Author from Strathmore publishes debut fiction novel

JOHN WATSON
Local Journalism Initiative Reporter

An author with roots stemming from Strathmore has published her debut fiction novel, which launched officially on Oct. 18 to the public.

The novel 'Stars in their Eyes' has been seven years in the making for Kristy Gardner, who made the jump from cookbooks to dystopian fiction.

"It's a dark sci-fi novel and it is about this woman named Calay and her (romance) with her girlfriend which has kept them alive four years after aliens decimated Earth," said Gardner. "Calay is thrust into darkness after her girlfriend disappears and she is forced to navigate the pacific northwest searching for her. All the while, she is haunted by horrors beyond her imagination and she struggles to hang onto what is left of her humanity."

Gardner explained she was inspired to jump into dark fiction writing after reading a surplus of novels in a similar genre prior to beginning work on Stars in their Eyes.

Much of the archetypes present in her novel, she said, stemmed from zombie fiction, as well as utilizing references from her own life as inspiration.

"I am a huge fan of The Walking Dead, so it was definitely inspired by that kind of post-apocalyptic question of, 'what is humanity, what will we do to hang onto that?'" said Gardner. "A lot of Calay's journey was my journey and I think that comes through in the story."

Despite her background writing non-fiction, such as her cookbook which launched roughly five years ago, Gardner said it has always been a dream of hers to branch into fiction.

She has had a passion for writing and storytelling since childhood, which, to her dissatisfaction, she had largely set aside coming into adulthood in order to meet more "normal" career expectations.

"I distinctly remember sitting at my mom's sewing table in the basement and I had all of these pens and notebooks and I would be drafting story ideas," said Gardner. "I put that all aside for most of my adult life to do the things that I was told I need to do - get a proper job, toe the line, marry and



Kristy Gardner, an author originally from Strathmore, has published her debut fiction novel 'Stars in their Eyes' which launched officially on Oct. 18. The book has been seven years in the making and is the first in a planned trilogy. It is available for purchase via Amazon, and will soon be available locally.

Photo Courtesy of Kristy Gardner

have kids. I didn't do any of that, even though I felt pressured to do so."

Gardner described making the switch to fiction writing as "getting back to (herself) and telling the truth," akin to scratching a longstanding itch.

Following the launch of the book, she said it was very a very emotional experience to consider.

"It is super exciting, it is terrifying, the way I was talking to my agent about it is that it is almost soul chilling," said Gardner. "I held my book for the first time ... and I just sat down and cried ugly tears and it was amazing."

Gardner plans to follow up Stars in their Eyes with two more volumes, aiming to create a trilogy by the conclusion of the project.

Stars in their Eyes is currently available for purchase on Amazon and will be making its way into bookstores shortly, following delays in printing and distribution.



Ann Sauve has been selected to play for Team Canada's senior ringette team at the world championships in Espoo, Finland. The world championships will take place from Oct. 31 to Nov. 7. Sauve is the only member of the senior team to be from Strathmore, as well from the greater Calgary area.

Photos Courtesy of Ann Sauve

Athlete from Strathmore heads to the world stage

JOHN WATSON
Local Journalism Initiative Reporter

A Calgary ringette athlete who got her start in Strathmore is headed to the World Ringette Championships in Espoo, Finland this month.

Ann Sauve is one of eight athletes from the Calgary area who was selected to compete on Canada's senior and junior national teams. Sauve is the sole member from the Calgary area to be selected for the senior team.

"I am pretty excited. I'm a little nervous for sure, just with having the break from ringette through COVID-19, but it's definitely been something I've been working towards through COVID-19 and I'm very excited to travel and play with my teammates again," said Sauve. "I made the national team in 2019 for the junior team ... but now that I've aged out of that group, this is my first time being eligible for, and making the senior team."

Sauve typically plays for the Calgary Rath in the National Ringette League (NRL), which was scouted for players to try out for the national team.

She explained camps were held every long weekend throughout the summer, for which she travelled between Edmonton, Toronto and Montreal to participate in. The national team was formed roughly a month ago from players selected out of the camps.

The NRL was founded in 2002 with play beginning in 2003 in an effort to raise awareness for the sport of ringette, as well as to allow the best players in the country to square off and compete against each other.

The league now boasts 13 teams across Canada and allows its players opportunities to be scouted for the junior and senior national teams.

For Sauve, her road to get to worlds started when she was in kindergarten just starting out in the sport, she has had a love for ringette since day one.

"When I was in Kindergarten my best friend was playing ringette so I thought it would be fun to try out and I've been playing ever since," said Sauve. "My friends are here and I love the competitive environment. I love the skills that I learned in ringette, I definitely apply to my real life, school and work."

Getting her start in the sport in Strathmore, Sauve played locally until she began to compete in Calgary at the age of 13.

Sauve added she captained the Canada Games ringette team for Alberta in 2019, with ambitions of playing for the national team at the time.

"I'm feeling confident about going to worlds. I'm a little nervous, but I think those nerves will work in my favour. I'm very excited," said Sauve. "I'm very proud to come from Strathmore and going through the Strathmore Ringette Association ... I think anyone who is there can definitely work towards goals like worlds. Just because you are from a small town doesn't mean you don't deserve to play at a high level. Just keep playing because you love it."

Canada's national ringette team will be participating in the world championships from Oct. 31 to Nov. 7, departing to the championships on Oct. 26 and the senior team will compete for the Sam Jacks trophy.

QUEEN ELIZABETH II'S PLATINUM JUBILEE MEDAL PROGRAM

Opportunity to nominate community leaders and volunteers for Queen Elizabeth II's Platinum Jubilee

Nominations Due: Nov. 15th, 2022

Nominees Must:

1. Reside within the Chestermere-Strathmore Constituency.
2. Be living as of Feb. 6, 2022
3. Be nominated as an individual by someone other than one's self.

MLA Leela Aheer is excited to announce open submissions to nominate the many deserving volunteers in our community to receive the Queen's Platinum Jubilee Medal.

Nominees should demonstrate over and above dedication to their communities, province, and country, much like the late Queen herself.

For more information, please email: chestermere.strathmore@assembly.ab.ca

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YOUR WEEKLY HEALTH ADVICE
Gord Morck Pharmacist
Capsule Comments

No one likes changing their clocks twice per year but the possible change to permanent daylight-saving time is in the offing. Scientists tell us that permanent standard time is a better choice. One reason is that in winter, we get up in the dark and that starts a feedback that affects your body's circadian rhythm. We need sunlight in the morning and permanent daylight-saving time won't do it.

Male impotence or erectile dysfunction (ED), may be linked to developing heart disease. The buildup of plaques on the walls of the blood vessels can limit blood flow to the heart and can also limit blood flow to the penis which could result in the inability to have an erection. If you have ED, check with your doctor for problems that may involve the heart.

In the years between 2000 and 2017, the number of maternal deaths per 100,000 live births dropped by about 38% worldwide. About 94% of these deaths occur in low and lower middle-income countries. South Sudan has the highest rate of deaths at 1150 per 100,000 while countries like Norway and Italy comes in at 2 per 100,000. Canada? 8.3 and the U.S 17.4.

One of the myths surrounding flu shots is "I don't get one because it gives me the flu". The flu vaccine contains an inactivated virus that cannot give you the flu. If you feel achy or feverish, it is a normal reaction of the immune system to the vaccine and generally lasts only a day or two.

Hours: M-W: 9-6 pm • Th-F: 9-8 pm
Sat: 9-6 pm • Sun & Holidays: 11-5 pm

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Rockyford Public Library

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Please bring your own glue gun, sharp scissors, and any special decoration you want to customize your wreath. The rest of the materials will be supplied

Cost is \$10 and registration is required.

Please register with Nancy by emailing btgalberta@outlook.com or by calling 403-361-7216 by noon on November 3

www.bridgingthegapalberta.ca

In partnership with the Rockyford Public Library

Bridging the Gap
Christmas Gnome Craft
Tuesday, November 8, from 1-3 p.m. at Hussar Sundowners Centre

Free event for those 55+
Door prizes and refreshments

Please register by emailing Nancy at btgalberta@outlook.com or by calling 403-361-7216 by Tuesday, November 1

www.bridgingthegapalberta.ca

In partnership with the Hussar Sundowners



Upcoming Meetings

Council and committee meetings will now be open to the public and via teleconference. For public hearings it is strongly encouraged that you attend in person.

- November 1: Council Meeting**
- November 15: Municipal Planning Commission**
- November 15: Committee of the Whole**

To join the call, dial 403-917-1764 and enter the PIN 47001 when prompted. Agenda packages can be found on our website.

Public Hearing: Wheatland County Council Chambers November 1, 2022, at 9 a.m.

A Public Hearing will be held November 1, 2022, at 9 a.m. in the Wheatland County Council Chambers. We will also have an additional option for people to join via teleconference. To join the call, please dial 403-917-1764 and when prompted, dial the pin 47001.

Public Hearing Date: November 1, 2022

Bylaw Number: 2022-11

Legal Land Description: County Wide

Proposal: To amend the Municipal Development Plan in order to:

- Reflect current legislation, demographics, and development trends
- Clarify and streamline the document to enhance ease of use
- Ensure that policies within the Plan align with the County’s growth and development goals

<https://wheatlandcounty.ca/mdp/>

Subdivision and Development Appeal Board Call for Members



Wheatland County is seeking a representative from Division 2 and Division 6 to sit on the Subdivision and Development Appeal Board (SDAB). If you reside outside of these Divisions and still wish to apply, please submit your application for consideration.

The SDAB reviews subdivision and development appeals in accordance with the provisions of the Municipal Government Act; and shall exercise any other powers, duties, and functions as assigned by Wheatland County bylaws or policies. Members of the SDAB serve a three-year term and meet as necessary during the day or evening.

Following your appointment to the Board, SDAB members must successfully complete training provided by Municipal Affairs. This training may be in person or online and members will be financially compensated for their training and their attendance at appeal hearings.

For more information regarding training, please go to:

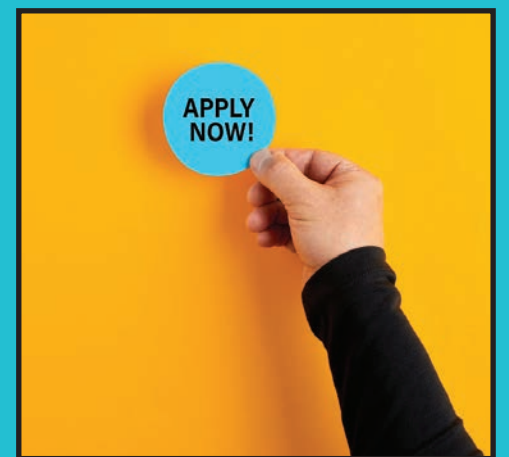
<https://www.alberta.ca/subdivision-and-development-appeal-boards-training.aspx>

If you require additional information, please contact the Wheatland County Subdivision and Development Appeal Board Clerk, Michelle Van Haarlem, at (403) 361-2000. Please forward letters of interest to michelle.vanhaarlem@wheatlandcounty.ca.

Wheatland County Community Enhancement Regional Board

Wheatland County invites applications for membership on the Community Enhancement Regional Board with appointment to commence **November 01, 2022**. One representative from Electoral Division 4 will be appointed. The Community Enhancement Regional Board (CERB) consists of two members from each Electoral Division, appointed by Wheatland County Council. Membership on the CERB is appointed for a two-year term with alternating expiry dates. The Community Enhancement Regional Board meets three times every Spring to evaluate applications and decide on the allocation of Community Enhancement Funding to Wheatland County community groups.

For more information, or to submit a letter of interest, please contact Jessica Salmon at 403-361-2021 or via email to jessica.salmon@wheatlandcounty.ca.



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Address: 242006 Range Rd 243, Wheatland County, AB T1P 2C4
Phone: 403-934-3321 www.wheatlandcounty.ca @wheatlandcounty
Office Hours: Mon-Fri 8 a.m. to 4:30 p.m.





Great start

The Strathmore Storm U18A team suffered their first loss of the season when they fell 4-2 to RMAA in the U18 Tier 2 Blue division on Oct. 22 at the Strathmore Family Centre. The Storm got back to their winning ways the following day on the road, beating Airdrie 4-1 to improve to 3-1 on the season.

Joe Lepage Photos



Storm surge

The Strathmore Storm U13A team improved to 2-1 in the Tiering Round after a 9-4 win over the Cochrane Rockies on Oct. 23 at the Strathmore Family Centre. The Storm opened the U13 Tier 2 Blue division by splitting a pair of weekend games Oct. 14-15 to open the season.

Joe Lepage Photos



Looking to bounce back

Despite falling 10-8 to the Airdrie Sting while on home ice on Oct. 23, the Strathmore RISE U16A ringette team is 1-1 early in their new season. The RISE will host the Bow Valley Blaze on Oct. 29 (1:45 p.m.) at the Strathmore Family Centre.

Joe Lepage Photo

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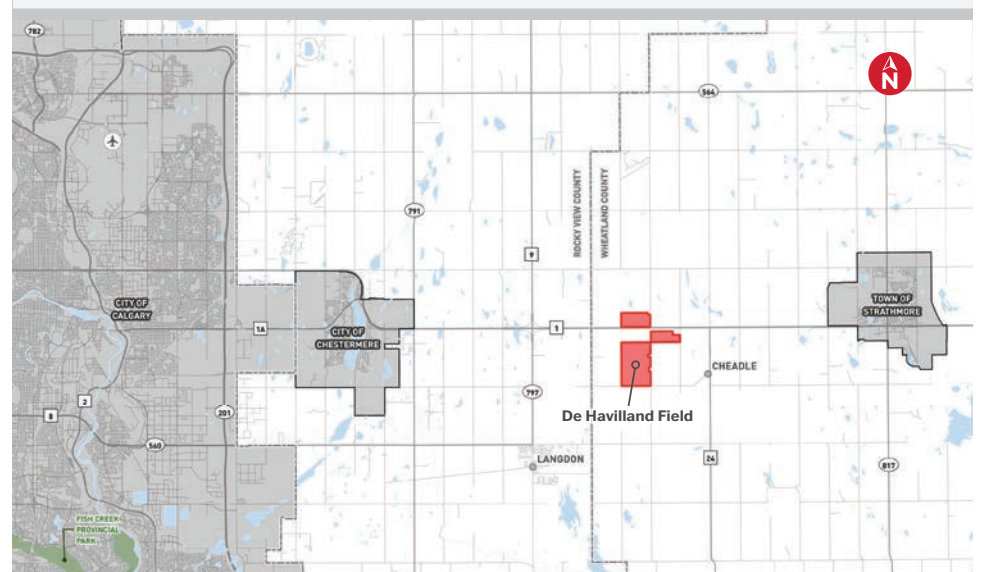
Applications have been submitted to Wheatland County for the development of a new aviation business park and associated aerodrome. Please join us at one of the public open houses to learn more about De Havilland Field, ask questions and provide your feedback:

Langdon Area

Tuesday, November 8, 2022
 From 5:00 to 8:00 p.m.
 Events Building,
 The Track Golf Club
 333 Boulder Creek Dr, Langdon

Strathmore Area

Wednesday, November 9, 2022
 From 5:00 to 8:00 p.m.
 Livestock Pavilion,
 Strathmore & District Ag Society
 33 Wheatland Trail, Strathmore



Learn more about the project, visit dehavillandfield.com



Working together to improve health care

LEELA SHARON AHEER
Chestermere-Strathmore MLA

Hello Chestermere-Strathmore.

It's such a pleasure, as always, to chat with you. I wanted to highlight some of the work that the Ministry of Health has done, particularly Minister Copping, who has recently finished his tour of the province. He met with a wide range of people: from doctors, nurses and other healthcare workers, to elected officials, home care and continuing care administrators and countless other stakeholders.

For those areas he couldn't visit, he held 15 additional meetings with coun-

cillors and officials from cities, towns and municipalities who said they couldn't make it but wanted to contribute. I attended two of these meetings, one in person during the tour and one of the additional meetings by Zoom. I am grateful for the input of all who spoke and the great ideas and solutions offered by those who attended. There were many discussions around the need for additional navigational support for Indigenous patients, clients and families across the province.

Thank you to His Worship, Pat Fule, and council for their tremendous work in this area. You can be truly proud of the work done and the relationships

built in our communities, our frontlines and with Indigenous partners that I believe will inspire ongoing work in the province. Indigenous wellness coordinators and liaisons support traditional healing practices, provide patient advocacy and ensure patients receive culturally appropriate care in high-volume sites. With the additional positions, AHS can provide cultural support through the evenings and weekends, which wasn't previously available.

Working with Siksika Nation and the community, the AHS Indigenous Wellness Core and the Strathmore hospital are currently collaborating and have added an Indigenous liaison for the

community.

Please share your thoughts in an email (community.engagement@ahs.ca).

Respiratory illness season is fast approaching; we encourage you to get your influenza immunization. Public influenza immunization clinics are now open – and make sure your COVID-19 immunizations are up to date. Please keep yourself and others safe.

Alberta Health Services (AHS) has launched the Alberta Lung Cancer Screening Program for approximately 3,000 eligible Albertans. We have honoured our commitment to boost intensive care unit (ICU) capacity with fifty additional fully staffed critical care beds in hospitals across the province. We now have 223 adult general ICU beds, a 29 per cent increase from before the pandemic. A huge thank you to AHS who have opened additional beds at 12 hospitals with the support of a \$300 Million investment over three years from Budget 2022. This is your taxpayer dollars hard at work.

As you know, a new agreement between the government and the Alberta Medical Association (AMA) will see the government invest an estimated \$750 Million in new funding to stabilize the healthcare system. Our wonderful Alberta physicians will see an average rate increase of four per cent over the four-year term of the agreement. Larger average increases for specialties facing greater pressures are planned, such as family medicine which include new investments of more than \$250 Million in targeted funding to address pressures, including recruitment and retention programs, so more Albertans can access family doctors and more support for physician practice viability.

Finally, AHS has ten additional new ambulances in service for Alberta patients, with five each in Calgary and Edmonton, and are in addition to the nine new ambulances that went into service in June 2022, for a total of 19. They have been funded through \$16 Million in the current Government of Alberta budget. They are one component of the AHS EMS 10 Point Plan to address sustained high call volumes and ensure Albertans get emergency care where and when they need it.

As always, we love to hear from you. *(Leela Sharon Abeer is the MLA Elect for Chestermere-Strathmore)*

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Library to host Strathmore's first cat café

JOHN WATSON
Local Journalism Initiative Reporter

The Strathmore Municipal Library is partnering with the Happy Cat Society to host the first cat café in Strathmore.

Carmen Erison, assistant director of library services, said the idea was brought up between the two organizations several years ago after learning of a similar event hosted in Lethbridge.

"We are partnering with Happy Cat Sanctuary mainly because they are providing the cats. When I met with Michele (Shave) she explained that there are quite a few new kittens that arrived a few months ago, which will be ready for adoption around November," said Erison. "We figured it was the best time for people to be able to come out,

see the cats and possibly adopt. But of course, if you're not interested in adopting, you're welcome to visit as well."

According to Erison, the idea was barred from being hosted at the Strathmore Library due to the onset of the COVID-19 pandemic.

The event will be operated solely out of the library's program room, in an effort to be conscious of those who may have cat allergies. The room will effectively split in half – one half for the cats and the other with tables for snacks and refreshments.

Erison added the café event is being funded by the Alberta Rural Mental Health Project through the Strathmore Family and Community Support Services (FCSS).

The grant is covering the snacks and

drinks that will be offered to the public free of charge on site.

"We are calling it a cat café, but really you don't need to come and purchase anything. You can come by and simply enjoy the cats. That being said, we are going to be accepting donations for Happy Cat Sanctuary," said Erison. "They are very much in need of support from the community, as they are always working with the cats in the community. They will also be selling things like t-shirts and such during the café."

Erison did not give an exact count of how many cats will be visiting the library over the duration of the café but did explain some may be rotated in and out from visitation so as to not stress them out.

The event will also act as an excellent

opportunity for visitors to speak with the folks with Happy Cat Sanctuary about how best to look after a new cat, should they decide to adopt.

"It is going to be a drop-in ... but we are going to try to limit how many people are visiting at a time. We don't want this to be a stressful experience for the animals," explained Erison. "People will be welcome to come into the program room and sit at tables and enjoy snacks, but it will be limited for people who are actually going in to play with the cats ... we don't want it to be like a petting zoo type of experience."

Should the café be a success, Erison said it is something the library may look to set up potentially as frequent as once a month, but a final decision has yet to be made.

The event will run from 11 a.m. to 3 p.m. on Nov. 5. Anything with fabric will be removed from the program room and a thorough sterilization will be completed following the event.

Public art helping residents build job skills

JOHN WATSON
Local Journalism Initiative Reporter

A new piece of public art has been completed at the Strathmore Municipal Library, welcoming patrons to the facility – literally.

The mural was established through a joint venture between the Town of Strathmore and Prospect Human Services, as part of the Skills for Success program.

Skills for Success, which is funded by the Government of Alberta, is designed to help unemployed and underemployed Albertans in the greater Strathmore area improve foundational and digital literacy skills, as well as to learn essential communication skills.

Louise Gallagher, director of communications for Prospect Human Services, said those who participated in creating the mural are a part of the pilot Skills for Success program.

"It is a job readiness program, which moves people who are facing barriers closer to the workforce and it teaches them essential skills, such as improved literacy, digital literacy, numeracy,"

said Gallagher. "The mural itself is all about working collaboratively, to problem-solve, to increase communication capacity and their ability to adapt to changes and other people's points of view, and to be innovative."

According to Gallagher, the five people involved in the mural worked with a program leader to decide what they wanted to create and were given the blank library wall to work with.

The result became a tree, saturated with "welcome" messages in a host of different languages for visitors coming into the library.

The five-week Skills for Success program was launched in early September, consisting of two weeks for classroom-based learning to teach foundational skills before the participants began the mural.

Gallagher added the hope, following the completion of the mural and the program for this cohort, is to work with them to improve their resumes, teach them how to do job searches and connect them with the workforce in some way.

"A job is the foundation of how we

build lives, how we build our future, and there are individuals who have experienced long term unemployment or who face barriers such as mental health or a disability of some sort," said Gallagher. "They can benefit from this skill training through using the arts to activate both their creative process and their innovative problem solving. Ultimately it builds confidence and it builds a sense that these participants can do more than they thought they could."

Skills for Success is a two-year project taking place in Strathmore which will be actively engaging with local businesses to find opportunities for more community-based art projects.

Six cohorts per year will each be participating in a unique project throughout the community.

Another group has already begun working on a different project, this time for a new location of a pizza parlour in Strathmore.

More information about Skills for Success is available through the Prospect Human Services website (www.prospectnow.ca).

NEXT HOME GAMES

Saturday, October 29
• 8 pm vs Okotoks

Sunday, October 30
• 4:30 pm vs Coaldale

Saturday, November 5
• 8 pm vs Mountainview



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ARTS ON 817 PRESENTS

The Aurora Trio

Timothy Steeves-Violin, Max Geissler-Cello, Jani Parsons-Piano




November 25th, 2022 7:30 pm

Adult - \$35.00
Youth - \$10.00 - 17 and under

Upcoming Concerts

Songs of Joy & Peace with Shannon Gaye — Dec 17, 2022
Doris Daley & Doc Mehl — Feb. 11/ 2023
Dave Gunning & J.P. Cormier — March 17, 2023
John Reischman and The Jaybirds — April 15, 2023
Strathmore's Emerging Artists — May 6, 2023

Tickets can be purchased at the Vault Cultural Collective or online at www.smoreuc.com. Online purchases must be picked up at the door the night of the concert.



Rough weekend

The Wheatland Kings Junior B team dropped a pair of home games Oct. 22-23 when they fell 5-4 to Three Hills and 8-2 to the Medicine Hat Cubs respectively. It has been a spooky and scary month of October for the Kings, who fell to 0-5-1 in the month. The Kings will look to get back on track this coming weekend when they host the undefeated Okotoks Oilers on Oct. 29 (8 p.m.) and Coaldale on Oct. 30 (4:30 p.m.) at the Strathmore Family Centre.

Joe Lepage Photos

Community Futures receives prestigious award

JOHN WATSON
Local Journalism Initiative Reporter

Community Futures Wild Rose (CFWR) announced on Oct. 5 that they are the recipient of a Marketing Canada Award from the Economic Developers Association of Canada (EDAC).

The Marketing Canada Awards competition is presented as an opportunity for individuals and organizations to be recognized for their efforts to further economic development.

CFWR was recognized with an award for its Recovery Project – Wild Rose Agritourism Innovation Challenge.

Wheatland County Reeve and Chair of CFWR Amber Link said the organization had been thrilled to be nominated, as well as to have been awarded.

“We are very excited. Even just the impact of the agritourism initiative itself really does help draw attention to all of the opportunities and to all of the tourism operators that we already have in the agritourism sector east of Calgary,” said Link. “I’ve heard directly from some of those entrepreneurs and operators of those businesses and it has had an impact on their businesses, so that’s so important to draw that attention to those businesses.”

CFWR has been working since 2016 to foster and develop diversity in the local agricultural sector by championing regional agritourism developments in conjunction with Alberta Open Farm Days.

In 2018 through 2019, a regional agritourism strategy was developed in order to leverage the momentum being experienced in the sector, as

well as to strengthen the role of agritourism in diversifying local business and farm revenue sources.

The Agritourism Innovation Challenge was launched with the support of the governments of Canada and Alberta, which tasked participating businesses and organizations to build a micro-cluster by working with their neighbours and industry partners.

According to the final project report from the challenge, a total of 20 participants from across the region had registered in the program.

To support the participants in the challenge, CFWR developed six online courses consisting of case studies, lessons, activities, assignments and projects to facilitate their training and participation.

In addition to the online training, nine live video workshops were hosted on a weekly basis to further aid in the development of a strong regional network.

Regarding the launch of the program, Link credited Wendy Gerbrandt with having taken a leading role in getting the Agritourism Innovation Challenge off the ground.

“She (Wendy) is phenomenal. The level of commitment that she has to this region is extraordinary,” said Link. “She is very innovative, she is a collaboration builder for the region and between the municipalities.”

The website and succession programs still persist following the conclusion of the program. Details about the results, training videos, and the final reports are publicly available through the CFWR and Wild Rose Agritourism websites.

MEMORIALS



In Loving Memory of my Son Mark Darren Bill

July 10, 1965 – November 3, 2002

*Something will remind me
I never know when,
It might be something someone says
And it all comes back again.*

*The times we spent together
The happiness, the fun,
Once again I feel the pain
Of life without my Son.*

*It's said that time's a healer
I'm sure that is true,
There's not a day goes by Son
That I don't cry for you.*

Forever loved, never forgotten
Missed always, Love Mom

*I stood on tiptoe gazing into the distance,
Interminably gazing at the
Road that had taken you...
(I miss you)*

Love always and forever
Sister Wan

COMING EVENTS

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COMING EVENT

Celebration of Life for Herbert (Bert) Caveny (1929 – 2022)

A celebration of life will be held for Bert Caveny on **November 5, 2022** from 2:00 pm to 4:00 pm at the **Origins Brewery, 60 Spruce Park Dr., Strathmore, Alberta.**

This is an informal event to come and meet the family and share your stories about Bert.

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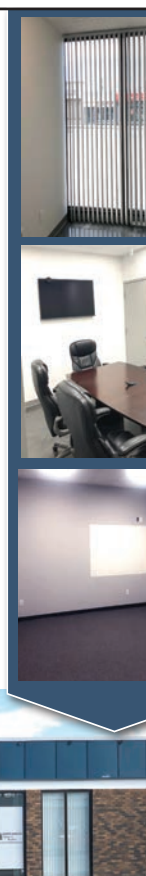
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